

# **Family** Chiropractic

*Courtesy of Harbourfront Family Chiropractic*

*by Dr. Warren Gage*



## **Neck adjustments are safe**

One of the most effective chiropractic adjustments is to the cervical spine. Virtually every nerve impulse between your brain and body passes through the neck, therefore vertebral subluxations (spinal misalignments) have far-reaching ill-effects if they are not corrected.

Yet many people have heard the critics who have mistakenly warned that such adjustments are dangerous. Finally, that notion has been put to rest. A recent Canadian study published in the Medical journal *Spine*, looked at 818 Canadians who suffered a stroke from an “arterial dissection” or damage to the arteries in the neck. This large study showed that you’re no more likely to suffer a stroke following a visit to a chiropractor than to a medical doctor.

While researchers confessed that before they analyzed the data, they suspected a link between chiropractic care and stroke; they didn’t find one.

Please forward this to anyone who has unwittingly fallen for the false information circulated by chiropractic critics. Encourage them to call our practice at 250-803-0224 if they would like more information.