

Family Chiropractic

*Courtesy of Harbourfront Family Chiropractic
by Dr. Warren Gage*



No big thing?

A sore throat is a small thing. It could be a sign that you've exhausted your immune system.

An upset stomach is a small thing. It may be a symptom of producing too much (or too little) stomach acid.

Back pain is a small thing. It might be how your body reminds you that change is needed - a change in your physical activity, emotional stress, chemical intake or all of the aforementioned.

Vertebral subluxation is a big thing. When your brain loses touch with part of your body and can't regulate it, that's big. Impaired nerve communication is a big problem. The only way to remove vertebral subluxation is to be adjusted by a chiropractor.

An adjustment is a big thing. A precisely applied energy that helps restore nervous system integrity is big, really BIG. Knowing where to adjust a spine and how to do so correctly takes a big commitment of education, expertise and experience.

Chiropractic is a BIG thing. Maybe one of the biggest secrets in health care! Our profession faces opposition by those who don't understand it. You could play a big role by sharing your experience with others.